





Today we'll go beyond the farmer's market. As close as you can get to the source of your food (and personal care products) without growing it yourself. We'll start at the **Lake Orchard Farm Aquaponics** which is a fishery & local producer of vegetables located on a 150+ year old farm, a stone's throw from the shores of scenic Lake Michigan. Learn how their growing conditions produce fish & vegetables with deeper taste, using water. At **Nourish Farms**, you'll experience "good-food" education, Gardening experiences, and a hands-on opportunity to create a healthy & creative snack. Enjoy a locally sourced lunch (buffet lunch will include vegetarian and meat options that are locally sourced, nutrient dense foods that are seasonal). Their 13 acre, non-profit, farm prides itself on connecting communities to the local food sourced near their kitchens and providing hands-on education that can be recreated in your kitchen. You will be able to taste the farm to table difference and leave knowing more about the food system that we all rely on. We'll, stop at **The Cheese Counter** in Plymouth, the official Cheese Capital of the World. You'll have a chance to sample and purchase cheese, learn cheese history, and enjoy an included ice cream treat. Our last farm stop is **Wild Root Acres.** Meet Natasha (proprietor & goat's milk soap artist). Visit her goats and learn about their care and how their milk is used. You are welcome to pet and fed them. See where Natasha turns the milk into soap and you will receive a sample size bar of soap to take home.

## **Departure Times & Locations:**

7:30am Depart JCPenney East Towne Mall, Madison (estimated return at 6:15pm) 8:00am Depart Johnson Creek Park & Ride (estimated return at 5:45pm) 8:45am Depart State Fair Park & Ride (estimated return at 5:00pm)

\*Gratuities for the tour director and driver are not included in the price and are at the passenger's discretion. Please note that the itinerary is subject to change due to COVID restrictions that may be enforced without notice.

Activity Note: This trip operates rain or shine. Please dress accordingly and wear comfortable walking shoes. These are working farms. Walking on uneven surfaces will be required.

Payment is due at time of reservations. All day trips are non-refundable.

## **Happy Times Tours & Experiences**

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